## Nasopharyngeal and Mid turbinate Collection Instructions

<table>
<thead>
<tr>
<th>Collection of nasopharyngeal specimen</th>
<th>Collection of mid turbinate or deep nasal specimen</th>
</tr>
</thead>
<tbody>
<tr>
<td>Don appropriate PPE. Require respirator/CAPR. Swab both nostrils if possible.</td>
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</tr>
<tr>
<td><strong>MATERIALS:</strong> Flexible minitip flocked NP swab &amp; UTM</td>
<td><strong>MATERIALS:</strong> Flocked tapered swab with stopper &amp; UTM</td>
</tr>
</tbody>
</table>

### Instructions

- **Tilt patient head back 70°.**
- **Insert flexible plastic minitip swab through the nares parallel to the palate (not upwards) until resistance is encountered.** This should be equal to the distance from nostrils to the outer opening of the ear.
- **While gently rotating the swab, insert mid-turninate swab into the nostril to the stopper (until resistance is met at turbinates).**

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Adapted from CDC Influenza Specimen Collection Poster CS24672

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Owner: Amy Henriques
Gently rub and roll the swab for 5-10 seconds. Leave in place for several seconds to absorb secretions. Slowly remove swab while rotating it. Repeat in other nostril using same swab if possible.

Rotate the swab several times against nasal wall and then hold in place for 5 seconds. Repeat in other nostril using same swab if possible. If <2 year old swabs are not available, use the >2 year old swabs by inserting the flocked part of the swab into the infant/toddler nose.

Place swab in UTM and break the shaft at the breakpoint. Screw on cap. Place swab in UTM and break the shaft at the breakpoint. Screw on cap.