

# CMV SALIVA COLLECTION KIT INSTRUCTIONS

## Universal Transport Media (UTM) & plastic-wrapped specimen collection swab



1. Saturate swab with **saliva**.  
**Nasal collections are NOT acceptable for this test.**
  - Wait at least 1 hour after finishing breastfeeding.
  - No wait needed if feeding with infant formula.
  - Avoid scraping mucosal cells.
2. Break off the swab into the tube of universal transport media (UTM).
  - Insert the swab so that the tip is submerged in the transport fluid.

## Universal Transport Media (UTM) & red-capped Dry Transport System Sterile Flock Swab



1. Saturate swab with saliva.
  - Wait at least 1 hour after finishing breastfeeding.
  - No wait needed if feeding with infant formula.
  - Avoid scraping mucosal cells.
2. Break off the swab into the tube of universal transport media (UTM).  
**Swab must be placed in UTM - dry swabs are NOT acceptable.**
  - Insert the swab so that the tip is submerged in the transport fluid.